

# SuperPWR

Exclusives Kit

Perfect for your inner wellness hero!

**NEW TO EUROPE!**

Featuring brand-new  
products showcased at

Heal

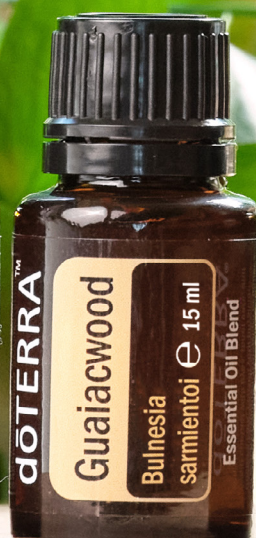
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# Inside Your Kit

**MetaPWR™** (15ml)

**SuperMint™** (15ml)

**dōTERRA SuperMint™ Touch** (10ml)

**Guaiacwood** (15ml)

**Spanish Sage** (15ml)

Reveal the superheroes! With this limited time selection of innovative and exciting oils, the Super PWR Exclusives kit is the perfect support for inner wellness!

Offering new leaf and wood essential oils, this collection also features SuperMint, a fusion of dōTERRA's finest mint oils, and MetaPWR, a blend developed by dōTERRA clinical and medical scientists to support a lifestyle focused on increased wellness and better nutrition choices. Find your superpower with this limited time offer kit to prepare and protect your loved ones in the autumnal months.

## Kit Price

£ 93.33 | € 111.38

128.25 PV

*Prices do not include VAT*

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# MetaPWR™

Essential Oil Blend 15ml

MetaPWR™ Essential Oil Blend is designed to support a lifestyle focused on increased vitality, better nutrition choices and maintaining wellbeing. Developed by dōTERRA clinical and medical scientists, the MetaPWR blend is formulated with specific balanced ratios of CPTG™ Grapefruit, Lemon, Peppermint, Ginger and Cinnamon essential oils. The combination of citrus, mint and spice oils makes MetaPWR a powerful food flavouring to help satisfy your sweet cravings!



## Primary Benefits:

- Ideal to add to beverages with its citrusy, spicy, minty, sweet aroma.
- Offers the ideal boost you need before and during a vigorous workout.
- MetaPWR may be stimulating to the senses and help uplift mood when added to recipes.
- A beneficial addition to your wellness regimen to complement mindful food choices.



## Usage Tips:

- Make it part of your daily routine to consume MetaPWR blend with water before meals.
- To be refreshed and ready for exercise, add to a smoothie or juice.
- Enjoy alongside a varied and balanced diet and healthy lifestyle.
- When you crave sugary, sweet foods, add 1 drops to chopped fruit for a refreshing snack that satisfies your tastebuds.



# SuperMint™

*Mentha Blend 15ml*

SuperMint™ is formulated with dōTERRA's finest mint oils for a super fusion blend that is crisp, clean and compelling. Its minty, herbal and sweet aroma brings together CPTG™ Peppermint, Japanese Mint, Bergamot Mint and Spearmint essential oils to create a powerfully refreshing blend. When infused in sweet or savoury recipes, it adds a minty boost to enliven the taste and senses. Menthol – known for its cooling sensation – makes it ideal to add to a glass of water to help freshen breath and offer minor comfort after large meals.



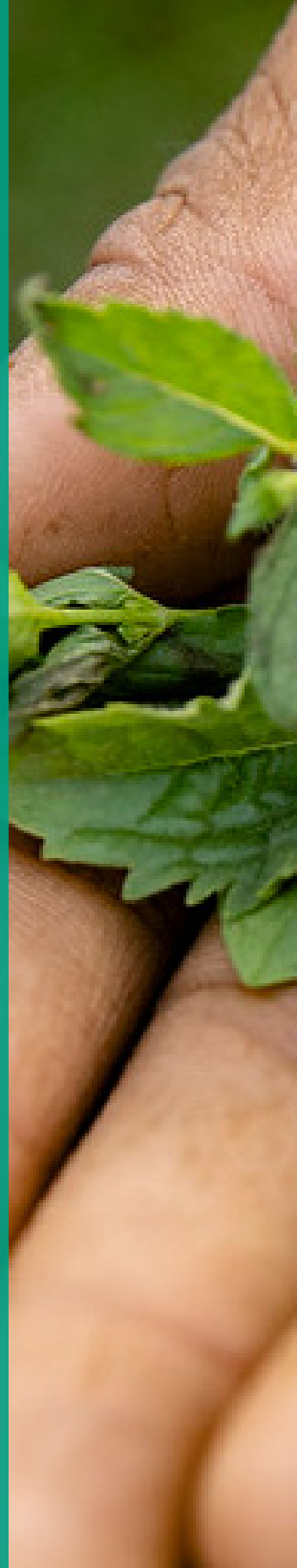
## Primary Benefits:

- A combination of Peppermint, Japanese Mint, Bergamot Mint and Spearmint essential oils.
- Adds a minty boost to sweet or savoury recipes to enliven the taste and sense.
- May help to freshen breath with its cooling sensation and offer minor comfort after large meals.



## Usage Tips:

- Add one drop to sweet dishes such as homemade biscuits or cookies.
- Try adding 1 drop to tea, hot chocolate or fruit-filled smoothies.
- Create your own ice cubes using SuperMint and lemonade.
- Add a drop of SuperMint with Clove to a toothbrush for a minty, spicy mouth rinse.





doTERRA  
**SuperMint™**  
Mentha  
Blend e 15 ml  
Essential Oil

Watch Video:





Caution: Avoid contact with eyes, nose, mouth, and sensitive areas. Do not use on children. Avoid use on pregnant women. 10 mL / 0.33 fl oz

**doTERRA**

**TOUCH**

**SuperMint™**

**Mentha Blend**

*Essential Oil Blend*

10 ml



dōTERRA

# SuperMint™ Touch

*Mentha Blend 10ml*

dōTERRA SuperMint™ Touch is formulated with our finest mint oils for a super fusion blend that is crisp, clean and compelling. Its minty, herbal and sweet aroma brings together CPTG™ Peppermint, Japanese Mint, Bergamot Mint and Spearmint essential oils in a base of Fractionated Coconut Oil, ready to use in a convenient touch roll-on. When used topically, SuperMint Touch cools the skin and provides an invigorating, energising aroma. For an enlivening boost, apply throughout the day to experience the qualities of this powerfully refreshing blend.



#### Primary Benefits:

- Formulated with Peppermint, Japanese Mint, Bergamot Mint and Spearmint essential oils in a base of Fractionated Coconut Oil.
- When applied topically, it may create a cooling sensation on skin due to the high menthol content.
- Fractionated Coconut Oil creates a soothing base when used as part of a massage.
- A herbal fusion blend of mint essential oils that can offer an enlivening boost to support mood throughout the day.



#### Usage Tips:

- Turn to SuperMint Touch to help cool the skin after sun exposure.
- Utilise SuperMint Touch before long periods of physical activity to help support an atmosphere of mental clarity and enhanced stamina.
- Use as part of a soothing, cooling massage to benefit from refreshed feelings post-workout.
- Apply to pulse points for an invigorating, energising aroma.

# Guaiacwood

*Bulnesia sarmientoitree* 15ml

dōTERRA sustainably and ethically sources Guaiacwood essential oil from Paraguay. Working with our sourcing partner, we're changing the future of the at-risk Gran Chaco Forest, one of the most biologically diverse areas in the world. A member of the Burseraceae botanical family - the same as frankincense and myrrh - guaiacwood had been used for centuries by Native Americans in meditation practices and wellness ceremonies.

Today, it is often utilised in the perfume and fine fragrance industries and is commonly used in skincare products. The essential oil is steam-distilled from the heartwood of the *Bulnesia sarmientoitree* and blended with Fractionated Coconut Oil to produce dōTERRA Guaiacwood essential oil. Known for its earthy, grounding aroma with a subtle sweetness, its woody scent may promote a calming, tranquil atmosphere.



## Primary Benefits:

- Traditionally used in Native American practices such as meditation and wellness ceremonies.
- Utilised in fine fragrances and skincare products for its faintly sweet, earthy scent.
- Combined with Fractionated Coconut Oil to help soothe minor skin irritations and support the skin's natural hydration.
- May promote a grounding, calming and tranquil aroma with its woody scent.



## Usage Tips:

- Apply one to two drops to the desired area to soothe minor skin irritations.
- Add one drop to your everyday moisturiser to help support the skin's natural hydration.
- Use before meditation or yoga to enhance your practice and promote feelings of groundedness.
- Use as a base note when creating your own recipe and apply as an everyday, earthy, subtly sweet aroma.



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# Spanish Sage

*Salvia lavandulifolia* 15ml

For many years, this small, woody, evergreen shrub has been widely cultivated in the Mediterranean region, particularly in Spain and France. Derived using steam distillation from Spanish sage leaves and stems, the essential oil has a camphoraceous, herbal and sage-like aroma. The herbaceous, refreshing aroma of Spanish sage is uplifting and soothing and the primary constituents of Camphor and 1,8-Cineole make the essential oil an ideal addition to use after physical activity or as part of a deep-tissue massage.

## Primary Benefits:

- Has a cooling effect when applied topically as part of a massage.
- A great addition to your beauty or skincare routine to benefit from its refreshing properties.
- An uplifting and soothing aroma to promote a boost of positivity.
- Can be used to support a sense of focus during times of deep concentration.

## Usage Tips:

- Combine with Fractionated Coconut Oil and apply topically for a cooling, soothing massage.
- Enhance your skincare routine or grooming regimen by utilising the soothing properties of Spanish Sage.
- Use before studying or working on a complex project to promote concentration and focus on the task at hand.
- Apply during times of low focus, such as after lunch or in the late afternoon.



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